



# Native Parenting Class

Saturday's - 12:00 PM to 2:00 PM

August 30th, September 13th & 20th

*DFH-523 International Blvd, Oakland*

**The class is for parents with children 0-5 years of age.**

**Childcare provided by Oakland Ready to Learn**

Saturday, August 30<sup>th</sup> "Making Baby Food"

Saturday, September 13<sup>th</sup>, "Historical Trauma"

Saturday, September 20<sup>th</sup>, "How to Deal with Stress"

**Food, fun, raffle, incentives, and parent support!**

**Interested? Have Questions? Call 510-485-1191**